



GYMNIC
The Way to Move



DISC'O'SIT

TRAINING EXERCISES



Recommended weight: max 120 kg - 270 lbs / Tested load capacity: max 200 kg - 440 lbs

Ledraplastic S.p.A. - Via Brigata Re, 1 - 33010 Osoppo (UD) - ITALY - www.gymnic.com

